

# Know before you Glow!

**Please note: spray tanning sessions last from 15-20min, including prep.**

## **Before your Airbrush Session:**

1. Exfoliate 3-4 days prior to your session and then again the day before your tan. Do not use scrubs or soaps that contain oil.
2. Shave your unwanted hair 24 hours in advance or wax 48 hours prior to your appointment to achieve a smooth and flawless finish.
3. All Manicures and Pedicures should be done 24 hours in advance.
4. Arrive at your appointment clean & free of any lotions, oils, makeup, deodorant, or perfumes. Ingredients in these products can interfere with the tan absorbing into your skin.
5. Wear loose, dark clothing and underwear after your tanning appointment. The Cosmetic bronzer in the tan may rub off slightly but will easily wash out of most fabrics. Do not wear jeans or tight pants after the spray tan is applied. Also, avoid wearing any jewelry to your appointment.

## **After your Sunless Tan:**

1. Refrain from wearing tight clothing after your appointment and processing time, prior to your first shower.
2. Avoid contact with water after your sunless tan, depending on what solution has been applied. Water will ruin your tan, by reacting with the DHA.
3. After 8-12 hours you may rinse with warm water in the shower. Avoid using any soaps as this will affect the development of your tan. You will see the color washing off the first time you shower. This is just the bronzing agent, not your tan.

- After the initial rinse, you are free to go about your routine as normal - applying lotions, makeup, deodorant, etc!
4. After 24 hours following your tanning application, you may shower as normal.
  5. Avoid using any exfoliating scrubs or loofahs following your appointment.
  6. Apply moisturizers often! Dry skin may cause the tan to fade quicker so moisturizing is essential to extending the life of your tan.

#### Other Important Information:

1. Your sunless tan should last 5-9 days with the proper aftercare products.
2. Your sunless tan's life will depend on the amount of sweating, showering, and moisturizing you do. Those that sweat often may notice their tan does not last as long as those who don't.
3. Avoid hot tubs, Jacuzzi's, Saunas, or swimming pools with Chlorine as they may decrease the length of your tan.
4. A woman's tan can be directly affected by her hormones. Considering her cycle, it can cause blotchiness or the color not to develop as dark as normally. It's not common, but it happens.